



## A trusted wellbeing resource to support parenting and families.

SchoolTV is an evidence-based wellbeing resource designed to support parents and carers with the challenges of raising children and adolescents. Our school has partnered with SchoolTV to provide this resource to our families.

SchoolTV offers clear, expert-led guidance on a wide range of topics affecting young people today. It is designed to be a first point of reference for families seeking reliable information, practical strategies and reassurance when questions or concerns arise.

Each topic features interviews with leading specialists, along with links to carefully curated resources from trusted organisations. The content is easy to access, can be viewed privately and is designed to build understanding, confidence and constructive conversations at home. **Written content** can be translated into more than **60 languages** using built-in tools, and **video interviews** are available to view in **Russian, French, Spanish, Hindi, Chinese and Arabic**, with additional languages planned for release soon.

Throughout the year, SchoolTV also offers **free webinars** featuring global experts who provide families with practical, evidence-informed guidance on key mental health and wellbeing concerns.

Families are encouraged to explore SchoolTV regularly and to sign up to **Get Alerts** using the button within any SchoolTV topic. This ensures you are notified when new topics are released and helps you stay informed about emerging issues, digital trends and seasonal topics.

SchoolTV recognises that every family's situation is different. By building knowledge and awareness over time, the platform supports early understanding, timely support and a more proactive approach to the wellbeing of students.

SchoolTV can be accessed via **[insert where your school hosts SchoolTV]**.